FROM THE PRINCIPAL

University of NSW International Competitions for Schools
Congratulations to the following students Darryl C, Corinna C, Jun Y, Grace Z, Vivian W on their outstanding performance in the recent Mathematics competition. These students together with Jacqueline C, English, will receive the prestigious UNSW Medal for high achievement. A wonderful recognition for our brightest.

University of NSW International Competitions for Schools
Congratulations to our award winners for the recent ICAS Mathematics competition.

Year 3
High Distinction: Vinduli S
Distinctions: Shania L; Lachlan H; Matthew T; Declan Z.

Year 4
High Distinction: Olivia K; Nathan L; Heydon P; Dora X;
Distinctions: Jason J; Jeremy L; Jessica X; Lucia Z; Rachelle Z; Kevin Z.

Year 5
High Distinction: Darryl C; Kevin L; Nathan N; Sharang S; Connor W; Hannah C; Joshua K; Swetha S;
Distinctions: Abigail C; Judy C; Myung C; Damon L; Emily L; Gina L; Linda L; Scott L; Yuna S; Alex T; Haibing W; Zhi W; Susan W; Kevin W; Regan X; Jerry Y; Branda H; Ritesh K; Nerine C; Vivian G; Cindy H; Ben L; Louie L; Owen N; Jessica N; Han-be Y; Gordon Y.

Year 6
High Distinction: Rahil A; Michael B; Corinna C; Jacqueline C; Joshua C; Jennifer C; Daniel I; Patrick K; Jason L; Andrew L; Brendan L; Mary S; Leo S; Burton T; Claudia T; Kenneth T; Jennifer W; Matthew W; Vivian W; Ha Jun Y; Yuxiang Y; Aaron Y; Carl Z; Daniel Z; Grace Z.
Distinction: Megan S; Borborick Z; Esha A; Aiden B; Armin E; Craig H; Alex L; Emily L; Susan L; Keiren P; Denton T;

Enrol for Kindergarten 2015
If you haven’t already done so it is important that you commence the enrolment procedures for your child starting school next year. If you know of neighbours or friends let them know that it is enrolment time. Our kindergarten orientation program commences with a parent information session 7pm in the school hall Tuesday 21st October. This will be followed by three orientation sessions Wednesday 22nd October from 9:15; Thursday 30 October from 11:15 and Friday 7 November from 1:30. Our Parent Social Club will be providing tea and coffee on the morning of the first orientation sessions. Parents of our 2015 kindergarten students will be welcome to stay for a cuppa and a chat. This is a great meet other new parents.

FOOD ALLERGY ALERT
To help minimise the risk of life threatening allergic reactions we ask all parents to refrain from packing foods that contain peanuts or tree nuts in lunch boxes. Help us protect our students.
Leaving North Rocks Public School
Parents could I ask that you inform the office as soon as possible of your intentions to move your child from North Rocks PS for the start of the new school year. This information is vital enabling us to have our classes and staffing ready for the start of the school year. At this stage our numbers continue to grow with our anticipated enrolment in 2015 reaching 700.

Sydney Youth Writing Competition
We wish Bea M all the best in the finals of the Sydney Youth Writing Competition. Bea is a finalist in the year 5/6 age group in the poetry category. Bea’s poem, “What the wind and I do in the Car!” would be interesting reading. Well done Bea!

Working Bee
Our next working bee is set down for Sunday 16 November. Please put this date in your diary and keep the morning free. We were forced to cancel the last working bee and are hoping to get a pile of work done at the next one preparing the school for summer.

Reminders
- I would ask parents not to park in the disabled car spaces in Don Moore Reserve. These spaces are reserved for person with mobility and access issues.
- I would remind parents that the gates at the rear and front entrance to the school are closed and locked between 9:30am and 2:30pm. Please make other arrangements for parking if you intend to be at school after 9:30 as access to Don Moore Reserve car park is not available.
- In addition please use the paths provided. Gardens should be respected and walking your child through the gardens when there is a path provided is not setting a very good example.
- There is no entry to the school car park before and during school hours—this is for the children’s safety.
- Basic first aid only is provided by the school’s administration staff for sickness or injury. Children who report to sick bay ill will be monitored for a brief time before being returned to class or a parent contacted for the child to be picked up. Sick children should not be sent to school.
- Students should not have mobile phones at school. If in an emergency the school will ring a parent. Cameras should not be used unsupervised. This includes cameras as part of a mobile phone.
- When a student is absent from school they must bring an explanatory note on their return.
- If entering the school grounds as a visitor please report to the front office to sign in the visitors book and prior to leaving sign out.
- Contact for after school care is Jodie on 0419160692.
- Anaphylaxis reminder. Please no nut products to be brought to school. This week we found a Nice and Natural Nut Bar in the K-2 playground. All nut products are extremely life threatening for some of our students we ask that they are not brought to school.
- Does your primary school aged student have a Facebook account? Are you aware that children under the age of 13 are not permitted to have a Facebook account. It is clear that younger students do not have the emotional maturity or ethical decision making to cope with the demands of Facebook.

FROM THE SPORTS DESK
Summer PSSA Results

<table>
<thead>
<tr>
<th>Summer Sport</th>
<th>Round 6</th>
<th>Round 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Snr cricket</td>
<td>L 48-58</td>
<td>L 59-78</td>
</tr>
<tr>
<td>Jnr cricket</td>
<td>W 51-47</td>
<td>W63-51</td>
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<tr>
<td>Sen boys touch</td>
<td>Won on forfeit</td>
<td>W 4-1</td>
</tr>
<tr>
<td>Jun boys touch</td>
<td>Won on forfeit</td>
<td>L 0-9</td>
</tr>
<tr>
<td>Snr girls touch</td>
<td>Won on forfeit</td>
<td>D 3-3</td>
</tr>
<tr>
<td>Jnr girls touch</td>
<td>Won on forfeit</td>
<td>L 3-4</td>
</tr>
<tr>
<td>Snr boys softball</td>
<td>W</td>
<td>L 3-8</td>
</tr>
<tr>
<td>Snr girls softball</td>
<td>W</td>
<td>W 3-2</td>
</tr>
<tr>
<td>Jnr boys T-ball</td>
<td>L 9-31</td>
<td>L 9-30</td>
</tr>
<tr>
<td>Jnr girls T-ball</td>
<td>L 3-25</td>
<td>Won on forfeit</td>
</tr>
</tbody>
</table>

School Certificate Winners

<table>
<thead>
<tr>
<th>William W</th>
<th>Alexis C</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wynter K</td>
<td>Jacob U</td>
</tr>
</tbody>
</table>
FROM THE DEPUTY PRINCIPAL

Anxiety Presentation
Next Tuesday 14th October at 7:00pm our school counsellors Simon Percy and Ken Byrne will give a presentation on the subject of anxiety. Anxiety, particularly amongst school-aged children, is growing in prevalence and can manifest itself in many way both at home and at school. Is your child a perfectionist? Does he/she tear up work and do it again to get it ‘just right’? Reluctance to ask for help, continually seeking reassurance, having difficulty joining in, visiting sick bay often and being fearful of test situations are other common signs. At home difficulty sleeping or the development of headaches / stomach aches while in uneasy situations may be a sign of anxiety. Simon and Ken will focus their presentation on generalised anxiety disorder, school refusal, social anxiety and separation anxiety and sensitively answer any question you have may have. The presentation will begin at 7:00pm in the staffroom. Please RSVP to me via email thomas.moth@det.nsw.edu.au.

Primary Proms Choir
On Tuesday 16th September Mr Harker and I had the pleasure of attending the Primary Proms concert at the Sydney Town Hall where North Rocks’ Years 3 and 4 choir performed as part of the mass choir. The Primary Proms is an initiative of the NSW Department of Education’s Arts Unit and combines the musical talents of students state-wide in a showpiece event. The many smiling faces from excited students and proud parents reinforced the worth of participating in ventures such as this, and we thank Mrs Mahony and Miss Mah for their work throughout the year in coordinating and rehearsing with the choir, and Miss Carney for accompanying the students alongside Miss Mah on the night.

Student Leader Elections
The process to elect student leaders for 2015 has now begun with students in Year 5 briefed about the responsibilities of office and given the task to think about how they would enhance overall student responsibility and fulfil those duties if elected. Next Thursday students will be asked to nominate themselves by completing a written application. From the nomination stage a small group of students will be selected by their grade peers to run as candidates, with speeches being presented on Wednesday 29th October. Year 5 students have been sent an email outlining the process with helpful ideas about how to best position themselves as school leaders for 2015. Student leadership is significant in the school’s approach to welfare and we encourage and commend those who demonstrate an interest in becoming leaders.

NAPLAN Results
On Wednesday 19th November’s P&C meeting I will give a brief presentation summarising the school’s NAPLAN results and explaining how this data is used to inform school planning and student support. All parents are welcome to attend.

Chess Success
North Rocks A chess team continues to impress, defeating Hobartville PS in the semi finals of the NSW Junior Chess League interschool competition. This week they will compete in the regional final. We wish them well.

Student Success
Bea in Year 6 has been named a finalist in the Sydney Youth Writing Competition for her poem What the Wind and I Do in the Car. This is an outstanding achievement.

Inter-Relate
On Tuesday 18th November a special family night has been organised for parents and their children to attend inter-relate sessions on the topics of ‘Where Did I Come From?’ and ‘Preparing for Puberty’. These sessions are highly recommended for parents of year 3-6 children. Click here for more information. Flyers were sent to all 3-6 parents last term.

SWIM SCHOOL
Tomorrow (Friday) will be the final day that Swim School notes / money will be accepted. The program begins next Friday 17th October. More information can be found by clicking here.
P&C News
Welcome back and I hope that you are recovering from the holidays. The fete last term raised a little over $25,000, which is an outstanding result against our objective of $15,000 especially considering the weather on the day.
The Fete Committee held a “Post Implementation Review” on the Wednesday night following the fete and captured a range of thoughts on what worked well and what needs improvement in a future event. If anyone has any additional feedback please sent through to me and I will add it in.
The next P&C meeting will be held on Tuesday 14 October at 7:00pm in the staff room. If you have any matters that you would like discussed at the meeting would you please email the P&C Secretary at "nrpspandc@yahoo.com.au" before 10 October.

If you have any questions or concerns regarding the P&C please drop me a line to discuss.

Anthony Macarthur
P&C President
parramaca@gmail.com
0431 280 748

THE SOCIAL CLUB
Welcome back to Term 4.

Kids BBQ - Once again thank you to Belinda Jamieson and everyone else who helped Belinda with the BBQ on the last day of term 3. Over 500 sausages were cooked and served on the day!

Reminder - our next meeting will be on Monday 13 October at 9.00am at Café Dodici in Westfield’s North Rocks. Please come along for a cuppa and friendly chat - preschoolers are also welcome.

Hope to see you there!

Carol Rizk

Band news
Welcome back to term 4. Hope you all enjoyed the Spring holidays. Band kids were straight back into it on Tuesday morning bright and early. Thanks kids & parents for this ongoing commitment to Band.

Notes went out on the last Tuesday of term 3 to the Performance Band regarding the Band Tour on December 1st- 2nd. We will be visiting a number of schools in the Central Coast area where the children will perform for and workshop with band students from these schools. It is a wonderful opportunity for our Performance Band students.

In order to finalise arrangements, could you please return the permission note by October 21st. Please remember to indicate whether you are available to be a parent helper on the Tour.

Remember to note November 11 in your diaries for the Symphonic Showcase evening, where all bands will be performing. Always a great night!

Jane Robards

Position Vacant: Part-time casual wanted to work with the current uniform shop manager in a job-share capacity. Shop hours are Monday and Thursday during lunch time and the first Monday evening of every month 5 – 7pm. Some out of hours work required to complete stocktakes, take delivery of stock and so on. Attendance at the monthly committee meeting at the conclusion of Monday evening trading is expected. Training will be provided. Award wages paid. For all enquiries, please contact Cheryl Smalley or Amanda Bartlett via the school on 9872 2244 or email muir-field.p.and.c@gmail.com.au

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