Term 1 Dates

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs</td>
<td>13 Mar</td>
<td>Selective HS Test</td>
</tr>
<tr>
<td>Tues</td>
<td>18 Mar</td>
<td>P&amp;C AGM—7:30 staff room</td>
</tr>
<tr>
<td>Wed</td>
<td>19 Mar</td>
<td>Surf Education seminar Years 5&amp;6</td>
</tr>
<tr>
<td>Thurs</td>
<td>20 Mar</td>
<td>OC teacher network Meeting 1-3pm</td>
</tr>
<tr>
<td>Fri</td>
<td>21 Mar</td>
<td>Disco: K-2 5:30-7pm; 3-6 7:30-9pm</td>
</tr>
<tr>
<td>Tues</td>
<td>25 Mar</td>
<td>Combined Scripture Service</td>
</tr>
<tr>
<td>Sat</td>
<td>5 April</td>
<td>Wine, Cheese and Dance Evening for Parents</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Term 1 parent / teacher interviews 31 March-11 April</td>
</tr>
</tbody>
</table>

Notes Online

<table>
<thead>
<tr>
<th>Level</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-6</td>
<td>International Food day—Harmony Day</td>
</tr>
<tr>
<td>K-6</td>
<td>Disco—Friday 21st March</td>
</tr>
<tr>
<td>1-6</td>
<td>Lunchtime chess coaching</td>
</tr>
<tr>
<td></td>
<td>Harmony Day</td>
</tr>
<tr>
<td>K-2</td>
<td>K-2 Dance Group</td>
</tr>
<tr>
<td>K-6</td>
<td>Wine, Cheese and Dance Evening</td>
</tr>
<tr>
<td>3-6</td>
<td>Band Camp at Home</td>
</tr>
</tbody>
</table>

FROM THE PRINCIPAL

Working Bee
I wish to register my appreciation to the intrepid band of working bee heroes who toiled away on Sunday 2 March to make this school an even better place to learn, work and play. To the Miller, Lewis, Balodis, Robards, Wilson, Lin, Noakes, Janson/Williams, Douglas, Huang, Liu, LeNoury, Hird and Silver families we own a debt of gratitude. These families make up 2.5% of the total number of families at our school. It would be great to have more people involved in our working bees.

Notes on the Website
Important information and notes are published on our website. Students are not given individual permission notes for activities they are expected to download from the net, print and return. Links to this information are contained in this table each week. Please click on the link in the table above to select the important notices relevant to your child. During the non-newsletter week an email with important information and links is generally sent on a Thursday. At times other emails will be sent if urgent on other days.

Disco
Our first disco of 2014 will be held in the school hall on Friday 21st March. The disco, for our new parents, is fully supervised by the teaching staff. We do ask for parent volunteers to assist with toilet supervision and ice block distribution for each session. If you would like to offer your assistance please let me know. The cost of the disco is $6. There hasn’t been a price rise for the disco since 2008. Funds raised through the disco go into hall refurbishments, lighting and sound. Over the last 4 years we have had wall linings, applied, a new lighting system installed as well as a projector and large screen. This year we are having to replace the dividing wall at a cost of $13000.

Parent teacher interviews
Information will be forwarded to you by your child’s classroom teacher regarding times for the upcoming interviews. Interviews are scheduled between 31st March and 11th April. Teachers will identify the times which they are available for interviews, parents will be asked to nominate several choices for interview times. Teachers will then schedule the interviews taking into consideration the available times and parents requests. I would remind parents that the interviews are scheduled for 10 –15 minutes. If every parent takes a minute or two longer other interviews will be delayed. If you require further information or require an additional interview at a later date please organise this through the class teacher.

FOOD ALLERGY ALERT
To help minimise the risk of allergic reactions to nut products we ask all parents to refrain from packing any peanut based foods or foods with traces of nut in lunch boxes. Help us protect our students.
Harmony Day
Please put the following date in your diary and join us for a great afternoon. Harmony day is Thursday 10th April 2014 from 12:15. Our celebrations will start with in class harmony day activities at 12:15. Following this we will enjoy a picnic lunch consisting of pre-ordered international cuisine. After lunch children will proudly parade around the oval in traditional costume, colours of the country of their heritage or the universal harmony colour orange. The aim of harmony day is to further promote togetherness. Please join us!

Fete Meeting
We had a very profitable fete meeting last night. Loads of ideas were presented. People sometimes get put off by the “F” (fete) word. Experiences like these provide wonderful community bonding as well as making some money to provide additional resources for the students. For this event to be a success we will need a whole school commitment.

Peter Harker
Principal

FROM THE DEPUTY PRINCIPAL

Around the Grounds
As we’ve passed the halfway point of the term I felt it was time to again check-in with some of our classes to discover the engaging learning that is happening in 2014.

Year 5 students have been enjoying learning about different cultures, with a focus on South East Asia. Ashley and Amy in 5R explained that they are studying China and so far have analysed a map of Asia and learnt to draw some Chinese characters, while in 4/5J and 5A students have studied the cuisine of Hong Kong and Thailand respectively. Isabella, Danah and Olivia taught me that in Hong Kong, seafood is a popular dish and that customers like to see their food alive and swimming before consumption. Elise and Paris explained Thailand’s Songkran festival, where participants soak each other with water to wash away bad luck for the new year. Ryan and Cody in 5/6P are looking forward to learning about Bali, particularly how people live, while Swetha and Gina in 5M have been studying human origins and comparing the skeletal systems of humans and chimpanzees!

Year 1 students delighted in telling me all about their studies of ‘Families’ and showing me the family trees they had constructed. Una and Ciara in 1K listed a range of things family do together including special occasions such as shopping, meals, holidays and celebrations.

Students throughout the school have started the year focussed and determined to achieve their best. I look forward to sharing more stories from classrooms in coming weeks.

Zone Swimming
From my vantage point as starter at the zone swimming carnival this week I had the pleasure of witnessing some spectacular performances by NRPS athletes. 24 students represented North Rocks, with 10 students participating in the final last night. Highlights included the senior girls relay team of Jessica, Amei, Hannah and Paige blitzing the field to take 1st, Jessica triumphing in backstroke and breaststroke and placing 3rd in freestyle and butterfly, and Kevin winning his freestyle final and placing 3rd in breaststroke. These students will represent the Castle Hill zone at next Thursday’s Sydney West area carnival at the Homebush Olympic pool. We wish them well.

University of NSW Competitions
Please note that tomorrow is the final day to return ICAS UNSW Competition permission notes and payment. Notes are available via the school website.

Tom Moth
Deputy Principal
FROM THE SPORTS DESK

Swimming Champions
The 2014 swimming champions were presented with trophies at this week’s assembly. Congratulations to:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Champion</th>
<th>Runner-up</th>
<th>Champion</th>
<th>Runner-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior</td>
<td>Kevin L</td>
<td>Joshua T</td>
<td>Chloe K</td>
<td>Emily U</td>
</tr>
<tr>
<td>11yrs</td>
<td>Jacob U</td>
<td>Alex L</td>
<td>Hannah C</td>
<td>April McK</td>
</tr>
<tr>
<td>Senior</td>
<td>Patrick K</td>
<td>Matthew D</td>
<td>Jessica L</td>
<td>Paige G</td>
</tr>
</tbody>
</table>

PSSA Results

<table>
<thead>
<tr>
<th>Team</th>
<th>R1</th>
<th>R2</th>
<th>R3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun boys touch</td>
<td>Lost 0-9</td>
<td>Wash out</td>
<td>Lost 0-1</td>
</tr>
<tr>
<td>Sen boys touch</td>
<td>Lost 0-2</td>
<td>Won 1-0</td>
<td></td>
</tr>
<tr>
<td>Jun girls touch</td>
<td>Lost 1-3</td>
<td>Won 4-1</td>
<td></td>
</tr>
<tr>
<td>Sen girls touch</td>
<td>Lost 0-1</td>
<td>Won 4-1</td>
<td></td>
</tr>
<tr>
<td>Sen boys cricket</td>
<td>Lost 37-64</td>
<td>Lost 38-55</td>
<td></td>
</tr>
<tr>
<td>Jun boys cricket</td>
<td>Won 56-31</td>
<td>Won 59-22</td>
<td></td>
</tr>
<tr>
<td>Sen boys softball</td>
<td>Lost 4-9</td>
<td>Won 7-0</td>
<td></td>
</tr>
<tr>
<td>Sen girls softball</td>
<td>Won 13-3</td>
<td>Won 4-0</td>
<td></td>
</tr>
<tr>
<td>Jun boys T-Ball</td>
<td>Lost 6-26</td>
<td>Won 7-4</td>
<td></td>
</tr>
<tr>
<td>Jun girls T-Ball</td>
<td>Lost 4-22</td>
<td>Lost 4-12</td>
<td></td>
</tr>
</tbody>
</table>

CHPSSA Representatives

<table>
<thead>
<tr>
<th>Sport</th>
<th>Name</th>
<th>Sport</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>League</td>
<td>Matt D</td>
<td>Cricket</td>
<td>Jessica L</td>
</tr>
<tr>
<td>AFL</td>
<td>James C</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Touch</td>
<td>Claire W</td>
<td>Touch</td>
<td>Paige G</td>
</tr>
<tr>
<td>Soccer</td>
<td>Claire W</td>
<td>Soccer</td>
<td>Jessica L</td>
</tr>
<tr>
<td>Cricket</td>
<td>Sophie B</td>
<td>Kate P</td>
<td>Jessica L</td>
</tr>
<tr>
<td>Swimming</td>
<td>Kevin L</td>
<td>Jessica L</td>
<td>Paige G</td>
</tr>
<tr>
<td>Swimming</td>
<td>Amei L</td>
<td>Swimming</td>
<td>Hannah C</td>
</tr>
</tbody>
</table>

Castle Hill PSSA Representatives
We wish to congratulate our students who have trialled for the various PSSA Zone teams over the last few weeks. These opportunities are presented to the children from time to time and we as a school encourage participation. However we are restricted in the number of students we are able to send to trials. Trials which involve Friday PSSA sports are much easier to determine. The PSSA coaches are getting a view of the strength of team members during the Friday sport sessions as well as at training and use this to determine the students who should trial. Other sports require a different approach and generally we would take into consideration the student's involvement at an elite level to assist our decision making. Students should listen at assemblies to the announcements regarding trials.

Fitness training
Mrs Watson and Miss Valenti are running before school fitness sessions in the lead up to this year’s cross country. Students should meet Mrs Watson and Miss Valenti under the primary cola between 7:55 and 8am each Wednesday until the end of term.

PSSA Teams
This information is for all parents with a child playing PSSA sport. Representing the school should be an honour and students selected should always display the highest level of behaviour showing responsibility and making good decisions. It is also a requirement of student playing PSSA sport to wear the correct school uniform. In some cases this will include specialist uniform (for e.g. rugby league). It also means the wearing of a school hat. I expect all students in PSSA teams to be properly fitted out in school uniform when representing the school. If parents have difficulty affording a school hat they should address any concerns to me personally. I appreciate the majority of students abide by these expectations however, we have a number who do not.

School Disco
Friday 21 March  K-2 5:30-7pm; 3-6 7:30—9pm
P&C NEWS
All are welcome to attend the P&C meeting on Tuesday 18/3 where we will have our Annual General Meeting (AGM). All roles are up for nominations and vote by members. This will be my last meeting as the P&C President. I would like to thank everyone for the continuous support for our P&C and our school. We have grown and built on the success of the past P&C committee. I encourage everyone to continue and build on the success we have achieved to make NRPS a great school community.

Frank
P&C President

Parent auxiliary news
- Thank you to everyone who helped out with refreshments at the Swimming Carnival last month.
- Wine, Cheese, Dessert & Dance Night – 5th April. Notes have been sent out. Please send your RSVP and money to the office as soon as possible to reserve your seat. It will be a fun night.
- Harmony Day – 10th April – Vicki is coordinating the day again this year. Teams for food have been confirmed. Information and order forms have been sent out and are also available from the school’s website.
- The Class Coordinators list is just about complete for this year. 2W, 4D, 5M, 6C, K-6M, K-6H & K-6C do not have a co-ordinator - if you are a parent from this class and would be willing to become a Class Coordinator, please let the office know. Next PA meeting is on Monday 12th May. Hope to see you there!

Carol Rizk

Band
Band Camp at Home notes & payments are due back tomorrow (Friday). Beginner band morning rehearsals will begin towards the end of term. An email will be sent out advising of the start date closer to the time. Welcome to Steve Wright who has taken over the role of treasurer on the band committee. A big thanks to Jo Conroy for all her time and effort looking after the band finances for the last 2 years. If you haven’t already provided your contact details please go to this link (then click on Band Contact Entry Details) and do it asap. If you have any questions please contact northrocksband@gmail.com

Kirrily Pereira
Band Co-ordinator

Calling All Piano Players!! NRPS Performance Band is looking for advanced piano/keyboard players to join the band. Students would be asked to play keyboard bass (tuba parts) and may also be asked to play keyboard percussion (glockenspiel). Our Bands already have beginner and intermediate keyboard players so it is only advanced keyboard players that are required. Students must be confident reading ledger lines in bass clef including flats, should be rhythmically secure and ideally would be a strong sight reader. No previous experience playing in a band is required.

NRPS Performance Band is the school's premier band and students participate in: Yamaha Band Festival (Chatswood Concert), Orange Blossom Festival (Castle Grand Ballroom), Band Tour (Central Coast) as well as numerous school and community concerts. If you are interested in taking up this unique learning opportunity please contact: NRPS Band Director, Mr Steven Lavis – steve@teachingservices.com.au

Harmony Day
On Thursday 10th April, we are hosting an International Food Day to compliment our school’s Harmony Day activities. Your child should have already brought home a note & order form so you can order lunch for your family to share at a picnic here at school. The order form is also attached to this newsletter & on the school’s website. This is a fantastic opportunity for you to visit your child's classroom, join them for lunch & then watch them participate in the colourful national costume/hat parade. There are many generous school families donating their time & effort to bring us this wonderful International cuisine – I’m sure you will join me in thanking them. If you are interested & available – we could use a few more helpers. Please contact me at vicki.gillard@optusnet.com.au. Hope to see you there.

Vicki Gillard

Primary Ethics
Primary Ethics classes will be available again this year for students in years 3-6 who don’t attend scripture classes. Under the guidance of a trained volunteer teacher, students learn how to think about ethical issues. Subjects such as homelessness, keeping promises, and the treatment of living things are discussed as students learn how to find and evaluate the morally relevant issues in each topic. There is a short video of an ethics class and more information on the following website: http://www.primaryethics.com.au/whatthappens.html
Feel free to contact Shirley Allsop on 98710436 if you require further information or collect a permission slip from the office if you are interested in your child attending. Please note, there are limited spaces available in each class.

Primary Ethics K-2 Teacher Wanted
We are looking for a volunteer Primary Ethics teacher who is able to commit to attending a two day training course and who is available on Tuesday mornings (during term time) from 10:15 – 10:45 to deliver the programme at our school. The students will be from years K-2. If you are interested or have any questions please contact Shirley Allsop on 98710436 or visit www.primaryethics.com.au.
Uniform Shop News
2014 OPENING DAY FOR: TUESDAY MORNINGS.

ORDER SERVICE: order form is available at www.northrocks-p.schools.nsw.edu.au/p-c-pricelists or at the School Office. Delivered free of charge to your child’s classroom.

2013/4 AGM SUMMARY: please find a preview of our report for the upcoming P&C AGM for your reference:

- The Uniform Shop has been operated by a sub-committee of the P&C, the current committee formed in term 2 2013 and has been run entirely by volunteers who have provided 20-40 hours per week of unpaid labour
- The P&C invests funds to purchase stock and cover operating expenses, any profit or excess funds are returned to the P&C
- The Uniform Shop purchases items at wholesale prices and sells uniform items approximately 20 to 30% below recommended retail price. We try to buy quality items which will wear and wash well to outperform cheaper products available at discount stores.
- Prices have not changed on backpacks, socks, hats, sports cap, tights, shorts, long pants, short sleeve shirts, long sleeve shirts, sport shorts, sports polo shirt, sport track pants, sloppy joes, football socks, hair accessories, girls summer dress (sizes 14-16) and girls winter tunic (sizes 10-12)
- Prices were decreased for girls winter tunics (size 14-18)
- All items were reviewed and it was found that some uniform items were being sold at, or below, their wholesale cost price. After supplier re-negotiation price increases were avoided on some items.
- Approval was given by P&C vote to increase some prices as they were considered to be unsustainable; i.e. summer dress (size 5-12), winter tunic (size 5-8) and sports zip jacket. The price increase was notified in term 2 before they became effective in term 4. We benchmarked our prices against 8-10 other local schools with similar uniform style and a P&C uniform shop. It was found that our prices were below the average market price for similar items:
  - Sports jackets: market average $40, our price $39
  - Girls summer dress: market average $50, our price $45
  - Girls winter tunic: market average $48, our price $46
- Late 2013 wholesale prices were increased for the sports jacket, sport polo, sport shorts, track pants, summer dress and winter tunic. These increased costs were absorbed and were not passed on.
- The Uniform Shop committee has also focused on improving stock accuracy, managing supplier orders quantities and clearing discontinued stock. As a result we have been able reduce total stock levels and have returned the excess funds to the P&C. This has been a significant contributor to our recent financial performance.
- Other key achievements include installation of storeroom shelves (self-funded), first supplier funded promotion, introduction of a Kindergarten Starter Pack, new Clearance section, written an Operations Manual, cordless EFTPOS, first SPF50+ school hat, new long sleeve embroidered shirts and much more.
- The current Uniform Shop Coordinators have advised the P&C of our resignation and the P&C has passed a motion to examine all options at the next meeting for the ongoing operations of the Uniform Shop. We sincerely thank all volunteers and supporters of the uniform shop committee for their assistance.

LOST PROPERTY
We are no longer keeping a stock of lost property in the K-2 classrooms. All items that are left in the classroom and playground are being collected and returned to the child. Parents are asked to ensure that all clothing and lunch containers are labelled to assist us in this process. We have had an ongoing problem with mouldy, unlabelled containers accumulating in the classrooms. Any items left that are unlabelled will be thrown away by the classroom teachers at the end of the week.

Erin Dooley, Assistant Principal
THE GREAT AUSSIE CAMP EXPERIENCE

The Great Aussie Bush Camp was probably the best camp I have ever been on! The Giant Swing was really fun. When I pulled the rope I went crazy on the swing! (Harry 5A)

My favourite activity at the Great Aussie Bush Camp was the Dual Flying Fox. It was thrilling to zip-line across a 20 metre drop! The valley beneath was full of life, and you could see very far away, maybe miles away! I vividly remember the wind whipping hair in my face as I sped along the line. (Elise 5A).

It was so scary up on the giant swing. Once I got to the top I was shaking like an earthquake. I was thinking "I can't do this!" But something in my head said "You can do it!" So I took a deep breath and pulled. I felt so happy I had the courage to do it, otherwise I wouldn't know how fun it was. (Imogen 5A)

My favourite activity at camp was Lost Island. I laughed like a maniac! It was so fun that I almost had the most fun day of my life so far. When I got in my sleeping bag I fell straight to sleep because of all the fun I had that day. (Emily 5A).

My favourite activity at camp was Commando. The teachers pick some hostages and you form a group of seven. The teachers go into the dark forest at night. Your team has to go and save the hostages form the teachers. If the teachers spot you, you have to give them your bottle cap (which represents your team's life). You have to go back to base and get another one. If you save all of the hostages you win. If you don't you lose. This was my favourite adventure at camp. It was a great experience between the teachers and kids. (Ritesh 5A)
At NRPS we value RESPECT, RESPONSIBILITY, SAFETY, HONESTY

YEAR 5 AUSSIE BUSH CAMP EXURSION
Vocal Improvement & Effective Communication Skills
North Rocks Public School 2014

The Vocal Improvement & Effective Communication Skills course on offer at North Rocks Public School is designed to enhance the speech, language, vocal and presentation skills of participating students.

Research has shown that it is important that students engage in this form of training to improve their verbal communication skills to further develop academic and social processes.

**Lessons commence Friday 14th February in the Science Room at the following times:**
- Kindy: Friday after school 2.50-3.20pm
- Year 1: Friday after school 3.20-3.50pm
- Year 2: Friday after school 3.20-3.50pm
- Year 4: Friday after school 3.50-4.20pm
- Year 6: Friday after school 4.20-4.50pm
- Adults: Friday 5.20-5.50pm
- Year 3: Friday after school 3.50-4.20pm
- Year 5: Friday after school 4.20-4.50pm
- Seniors: Friday 4.50-5.20pm

If you would like to participate please contact Angela Tesoriero on 0402 439 250 or info@fixaustralia.com.au
Wine, Cheese, Dessert and Dance Night

When: Saturday, 5th April 2014
Where: School Hall
Time: 7.00pm – till late

A selection of cheeses, dips, crackers and desserts will be provided – and of course Music!
BYO favourite wine and your dancing shoes and come for a fun night!

Return the slip below with money to the office by Tuesday 1st April.
Any enquiries, please call Carol on 0401 138 430.

RSVP for Wine, Cheese, Dessert and Dance Night

Name: ______________________________________________________

Number of people: _____________________ x $20 pp = $ ___________
Gregson’s Tennis – North Rocks Tennis Coaching 2014

Enrolments for after school tennis coaching are now being taken. Various tennis coaching programs are available including group, private and MLC Hotshots, catering for beginners to advanced standards.

*FREE introductory lesson to new enrolments from North Rocks Public School in 2014.

Enrolments and enquiries to Scott Gregson Tennis Advantage on 0414554612 (North Rocks Royal Institute Tennis Courts)

---

**Become an EYE CHAMPION at High Sight Optometry.**

Is your child struggling to read?
Complaining of tired, watery eyes or blurry vision?
Having trouble concentrating in the classroom?
Losing their place or confusing words and letters?

Sometimes glasses are not enough and children need vision training to become EYE CHAMPIONS in the classroom.

For more information or to book an appointment for an EYE CHAMPION assessment ring PH 98710633. Appointments booked before Easter 2014 will have the initial $90 fee waived.

Regular eye examinations are otherwise bulk billed to Medicare.

**High Sight Optometry**
Shop 3, 326 Pennant Hills Road (near cnr of Coleman Ave, Carlingford)
PH 9871 0633
E: info@highsight.com.au

---

**Carlingford Netball Club**

**NetSetGo! Introduction to Netball Program 2014**

**Hurry last chance to sign up for our NetSetGo Program**

If your daughter is turning 6 or 7 this year and would like to learn how to play netball – try our NetSetGo program.

Carlingford Netball Club has been endorsed by Netball Australia to run this program. It commences in Term 2 and is run every Wednesday afternoon for 10 weeks at our training courts at North Rocks. This is a great way to learn some skills, have lots of fun and meet new friends or join up with some friends from school.

If you are interested in further information please go to our website [www.carlingfordnetball.com.au](http://www.carlingfordnetball.com.au) or contact Fiona 0411 201 835.
Our Menu for 2014 and Ice cream list is now updated on the website, under the P&C Price lists

The Menu and prices have remained unchanged, except for the Sushi. Our supplier, Hana Sushi has increased the cost price on all Sushi’s. Our new prices are the same as the current prices at Hana Sushi in Westfield’s. You can order any type of sushi that Hana has in her shop, a standard sushi (chicken, beef, avocado etc) cost $3.20, salmon $3.30 and Rice Paper Rolls $3.50. Every sushi comes individually packed with a soy sauce or dipping sauce.

In the past fortnight we have filled a couple of the vacant spots on our roster, thank you and welcome to the new helpers. We do still have a couple of spots available on our roster: 3rd Monday and Tuesday and the 4th Tuesday of the month. The hours are from 9-1.30pm approx and your morning tea, lunch and refreshments are provided. We welcome any grandparents or aunties and uncles etc to volunteer. We also have an emergency roster for days when regular volunteers are unable to make it, if you are interested in putting your name down on that or our regular roster just drop by the canteen or send me an email to nicktreg@optusnet.com.au

Thank you Lisa Treglown
SINGLE PARENTS

FAMILY BBQ

Are you looking for activities to do with your children? Do you want to make friends with other single parents who share similar experiences to you?

Then come along to the Single with Children family BBQ

Join us for a day of fun at Lake Parramatta Park and sausage sizzle. This is a beautiful location with walking trails alongside the lake, children’s play equipment and enough open spaces to throw a ball. There is even a cafe on site for the adults who really need a coffee to get through the day.

- WHERE: Lake Parramatta Lackey St North Parramatta
- WHEN: Sunday 30th March
- TIME: From 10.30 am, sausage sizzle starts at 11.30pm
- WHAT TO BRING: Bring picnic rugs and/or folding chairs. BYO snacks/sides etc
- COST: NB: Non-members $2.50 for a sausage sandwich and drink, free for members - 1 per person/child
- WHO’S INVITED: All single parents and their children. Non members welcome and if you join on the day - receive $6.00 off membership.
- RSVP: By Friday 22nd of March. Loanne Bennett 0410 64 45 90 Assistant children’s functions co-ordinator

For information call 1300 300 496 or go to www.singlewithchildren.com.au

Single with Children is a non-profit social organisation operated by the Single Parent Family association. We provide social activities every week for both custodial and access single parents as well as their children.